Please make checks payable to:

**Bill O'Connor**

**For the amount of $210**

**MAIL CHECK TO:**

1585 HANNINGTON AVE
WANTAGH , NY 11793

**NAME:**_____

**AGE:** _____**PHONE**:_____

**EMAIL:**_____

**Home Address**:

_____

_____

ANY QUESTIONS, PLEASE CALL
516-458-3156 or 516-330-8745

**EMERGENCY PHONE:**

_____

**ALLERGIES/MEDICAL CONDITIONS**:_____

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_____

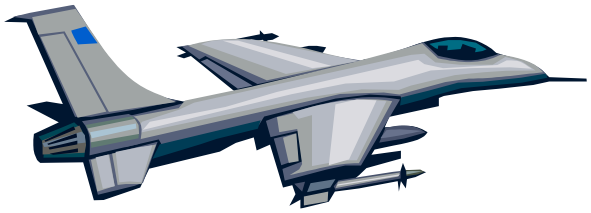
_____

**SHIRT SIZE**(please note adult or youth size):

_____

# EAST MEADOW JETS

# BASEBALL



## TRADITION

NYS Champs
1997
Long Island Champs
1997
Long Island Finals
1991, 1997, 2005 ,2016
Nassau County Champs
1969,1991,1997,2005 , 2016
Nassau County Finals
1968,1969,1991,1996,1997,1999,2001,2002,2005, 2016
Conference Champs
1959,1967,1968,1969,1976,1978,1982,1985,1987,1988,1991,
1992,1993,1996,1997,1999,2002,2005,2006,2009,2015, 2016

# EAST MEADOW JETS SUMMER BASEBALL ACADEMY 2018

**DIRECTED BY THE EAST MEADOW HIGH SCHOOL STAFF**

## JULY 2 - JULY 6 INCLUDING 7/4

**AT MERRICK AVENUE COMPLEX.**

**(In the event of rain we will direct to another site.)**

**Instructional Baseball for Children Ages 6 – 13.**

## ABOUT THE DIRECTORS:

## BASEBALL COACHES:

**VIN MASCIA** - has been coaching baseball for over 35 years - 31 of those years have been dedicated to the East Meadow Jets. As the JV Jets skipper, he recorded a remarkable 117 - 8 record( 94% win pct ). He is the current third base coach for the varsity Jets along with being their catching instructor. He has been a part of 1 NYS championship, 3 county championships, and 6 county final teams.

**BILL O'CONNOR** - JVB coach. Drafted by the **Minnesota Twins** after being an NCAA **ALL-AMERICAN** outfielder and setting numerous hitting records at Adelphi. Inducted into Adelphi Hall of Fame. Coach O'Connor has been teaching baseball privately for over ten plus years and has coached in countless camps. Bill continues to do many private hitting lessons.

**RYAN SLIWAK**— Division I player at UMBC. All County and All Long Island.

**JOHNNY KEICHER**—All division catcher at EMHS. Played at Nassau Community College. Currently at Hofstra.

**ZACH FRITZ** - Currently plays at LIU Post. All County and All Long Island player at EMHS 2016.

Current and former EMHS players will be counselors for this camp and help with instruction and demonstrations.. The camp directors and counselors will promote and a positive fun atmosphere in which the players can enjoy the game and learn proper fundamentals .

**ONE WEEK CAMP**
**JULY 2– JULY 6**
**INCLUDING 7/4.**

# JETS CLINIC

**** 1st day, - players should arrive at 8:30 for check-in.***

**9:00** ***Dynamic*** **warm-up** and stretch
**9:15 Speed and base running** principles
**9:30 Throwing** - fundamentals of throwing to get proper rotation. (**One of the most common problems with high school players today).
**9:45 Defensive Drill -** learn the "correct" mechanics for a different skill each day. Apply those learned skills to various drills and game simulated situations.
**10:45 Hitting Drills -** provide fundamental tips and instruction to unleash the campers maximum potential! Campers will go through various drills each day.
**11:30 Lunch**
**12:00 Developmental Game -** campers will play a game with immediate and constant feedback and positive reinforcement.
**12:50 Discussion** about the game and situations that came up.
**1:00 DEPART**

***This camp is a must for the youngster interested in improving their total baseball game.***

Our camp is directed and run by the entire **East Meadow High School** coaching staff.

Fundamental skills such as hitting, throwing, catching, bunting, pitching, and defensive play are the focus of the camp. The camp is dedicated to helping the young player educate themselves on proper mechanics and skills to enhance their overall game. Campers will be taught the "correct" way to play baseball by our professional staff in a **fun and high energy** environment!

*The spirit of this camp is to allow the players in this community to attain their maximum potential by ingraining the fundamentals skills at an early age. ALLOW YOUR CHILD TO GET TO KNOW THE ENTIRE STAFF UP CLOSE AND PERSONAL!!*