



East Meadow Senior League (Pony Division)

2017 Supplemental League Rules

NFHS (National Federation of State High School Associations) rules are in effect. EMSL rules below supercedes the NFHS baseball rule book.

- Games are 7 innings, with no new inning to start after 2 hours and 15 minutes.
- If there is a tie after 7 innings, and there is still time, extra innings are allowed within the time limit. However, the time limit rules still apply. No time limit for all post season games; games played until completion.
- Universal batting order. The minimum number of batters will be determined by the team with the fewest players present at the time of the game. For example, Team 1 has 11 players and Team 2 has 14, then the minimum number of batters in both lineups will be 11.
- On deck batters are permitted outside of dugout.
- Balks: There will be 1 warning per pitcher. Second balk to same pitcher will be enforced.
- Bunts, tagging up, Infield fly, dropped 3rd strike are permitted. Fake bunts are NOT permitted; the Batter will be called out. Head first slide to any bag is not encouraged but is permitted.
- Each player must play two innings and have one at bat. This must be completed by the 5th inning.
- There is a 10 run rule. The game shall end when the visiting team is behind 10 runs or more after 4 ½ innings, or after the fifth inning, if either team is 10 runs behind and both teams have had an equal number of times at bat.
- Pitching: Maximum of 85 pitches per game, 10 innings per week. Pitching week runs from Sunday to Saturday. Rest schedule:
 - Pitch Count (1-20) – 0 Day of rest between outings
 - Pitch Count (21-35) – 1 Day of rest between outings
 - Pitch Count (36-50) – 2 Days of rest between outings
 - Pitch Count (51- 65) – 3 Days of rest between outings
 - Pitch Count (66 to Max) – 4 Days of rest between outings
- Bats may not be more than 34" in length. Bat diameter shall be 2 5/8. Non-wood bats must be BBCOR -3. Wood bats permitted (NFHS bat rules apply).
- There is no hitting balls into the fences. There are batting cages that can be used on a first come first served basis. If available only use 1 cage.
- There is No infield warm-ups prior to game; outfield only.
- All dugouts should be cleaned out after your game.
- Due to time constraints, teams needs to exit the dugouts expeditiously to allow the incoming teams to set up. Postgame team discussions to be had outside of the Field.
- Winning coach text scores to [917-848-9064](tel:917-848-9064) upon completion of game.
- The higher seed will be the home team for the playoffs.
- Tie breakers: Head to Head, then Runs Against, then Runs For.

No smoking and No dogs permitted at our Complex.