Please make checks payable to: EAST MEADOW LITTLE LEAGUE
For the amount of \$250
Questions:

Email to emfootball@optonline.net Phone 516-458-3156

<u>2 DAY CAMP</u>— 6/27 & 6/28 <u>\$125</u> ___

WEEK OF 7/1 - 7/5 (OFF 7/4) - \$250

WEEK OF 7/29—8/2 - \$250 (If it rains, we will guarantee 4 days.)

EARLY BIRD DISCOUNT: PAY ONLY \$210 IF YOU REGISTER BEFORE 6/1

PLEASE INDICATE WEEK OF CAMP:

Week 6/27 & 6/28 (**\$125)**__ Week 7/1____ Week 7/29

If you register for both weeks of camp, the second week is \$225 Sibling discount of 10%.

MAIL CHECK TO:

2425 HAMPTON ST EAST MEADOW, NY 11554

NAME:_____
AGE: PHONE:

EMAIL:____

EMERGENCY PHONE:

ALLERGIES/MEDICAL CONDI-TIONS:







TRADITION

NYS Champs 1997

Long Island Champs 1997

Long Island Finals 1991, 1997, 2005, 2016

Nassau County Champs

1969,1991,1997,2005, 2016 Nassau County Finals

1968,1969,1991,1996,1997,1999,2001,2002,2005, 2016

Conference Champs

1959,1967,1968,1969,1976,1978,1982,1985,1987,1988,1991, 1992,1993,1996,1997,1999,2002,2005,2006,2009,2015, 2016



DIRECTED BY THE EMHS VARSITY COACH AND OTHER COACHES ON THE

June 27 & 28 7/1-7/5 (OFF 7/4) 7/29 - 8/2

AT
MERRICK AVENUE
COMPLEX

Instructional Baseball for Children Ages 6 and up.

ABOUT THE DIRECTORS:

BASEBALL COACHES:

VIN MASCIA - Varsity Head Coach—has been coaching baseball for over 42 years - 38 of those years have been dedicated to the East Meadow Jets. As the JV Jets skipper, he recorded a remarkable 117 - 8 record(94% win pct). He has been a part of 1 NYS championship, 3 county championships, and 6 county final teams.

BILL O'CONNOR - Woodland coach. Drafted by the Minnesota Twins after being an NCAA ALL- AMERICAN outfielder and setting numerous hitting records at Adelphi. Inducted into Adelphi Hall of Fame and has his name on the outfield wall at Adelphi's field. Coach O'Connor has been teaching baseball privately for over ten plus years and has coached in countless camps. Bill continues to do many private hitting lessons.

MATT MASCIA- JV B Coach—1B/P on the 2016 County Championship Team. All County and 3 year starter on the Varsity Baseball Team. Division I Football Player.

JAMES REILLY—All County outfield-er/pitcher at EMHS. Currently playing college baseball at Nassau Community College.

DANNY JASMIN— All County outfielder/pitcher at EMHS. Currently playing college baseball at Bridgewater State.

Current and former EMHS players will be counselors for this camp and help with instruction and demonstrations.. The camp directors and counselors will promote and a positive fun atmosphere in which the players can enjoy the game and learn proper fundamentals .

2 DAY CAMP—6/28 & 6/29

ONE WEEK CAMP

7/1-7/5 (off 7/4) 7/29 - 8/2

JETS CLINIC

* 1st day, - players should arrive at 8:30 for check-in.

9:00 <u>Dynamic</u> warm-up and stretch 9:15 Speed and base running principles 9:30 Throwing - fundamentals of throwing to get proper rotation. (**One of the most common problems with high school players today).

9:45 Defensive Drill - learn the "correct" mechanics for a different skill each day. Apply those learned skills to various drills and game simulated situations.

10:45 Hitting Drills - provide fundamental tips and instruction to unleash the campers maximum potential! Campers will go through various drills each day.

11:30 Lunch

12:00 Developmental Game - campers will play a game with immediate and constant feedback and positive reinforcement.

12:50 Discussion about the game and situations that came up.

1:00 DEPART

This camp is a must for the youngster interested in improving their total baseball game.

Our camp is directed and run by the entire **East Meadow High School** coaching staff.

Fundamental skills such as hitting, throwing, catching, bunting, pitching, and defensive play are the focus of the camp. The camp is dedicated to helping the young player educate themselves on proper mechanics and skills to enhance their overall game. Campers will be taught the "correct" way to play baseball by our professional staff in a **fun and high energy** environment!

The spirit of this camp is to allow the players in this community to attain their maximum potential by ingraining the fundamentals skills at an early age. ALLOW YOUR CHILD TO GET TO KNOW THE ENTIRE STAFF UP CLOSE AND PERSONAL!!